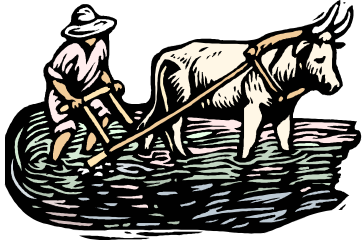


"Take my yoke upon you and learn from me.  
For I am gentle and humble in heart and you will  
find rest for your souls.



For my yoke is easy  
and my burden is light."

Matthew 11:29-30

Handwriting practice lines consisting of multiple sets of three horizontal lines: a solid top line, a dashed middle line, and a solid bottom line.