

'Inside the Fish' Experience

Props Needed:

closet or appliance box
can of tuna (opened)
cooked (cooled) spaghetti
bottle of water
Bible story marked at the book of Jonah
flashlight

What to Do:

Have your child sit with you in a dark closet or inside an appliance box. Ask him or her to pretend they are inside a fish's stomach. Imagine what it must be like.

Ask the following questions:

1. What does it smell like in here? Open the can of tuna and let them smell it. Explain that they may smell seaweed, rotten food, salty, stale water, etc.
(Opened can of tuna)
2. What does it feel like in here? Let them feel the spaghetti and then discuss the texture. Compare it to what the inside of the fish might have felt like -slimy, slippery, wet, etc.
(Spaghetti)
3. What does it look like in here? It is dark! There are no light switches and no sunlight can get in!
4. What can we hear in here? Slosh the bottle of water around. You might be able to hear gurgling, digestive noises from the fish, echoes, waves from outside, etc.
(Bottle of water)

Explain that in our new Bible story this week, a man spent three days in the belly of a fish! Use a flashlight as you read the story while inside the 'fish'. When it comes to the portion where Jonah is spit out of the large fish, open the door and finish the story in a well lit room!

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(Modified by M. Hubbard)

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