

Psalm 118:24

(Traditional Tune)



This is the day *(echo)*
that the Lord has made. *(echo)*

I will rejoice. *(echo)*

And be glad in it. *(echo)*

This is the day that the Lord has made.
I will rejoice and be glad in it.

This is the day *(echo)*
that the Lord has made!

Psalm 118:24

Accompanying Motions:

<i>day</i>	<i>Hold your left arm horizontally in front of your chest, palm facing down. Set your right elbow on the tips of your left fingers, holding your arm perpendicular. Bring your right arm down to rest on top of your left arm. This represents the movement of the sun/day.</i>
<i>Lord</i>	<i>Point up.</i>
<i>made</i>	<i>Make a fist with both hands. Stack your right fist on top of your left fist. Twist each fist.</i>
<i>rejoice</i>	<i>Raise both hands up and pretend to swirl flags.</i>
<i>glad</i>	<i>Make your right hand flat and touch your chest/heart. Move it up toward your chin, repeating the motion a few times, touching your chest each time.</i>